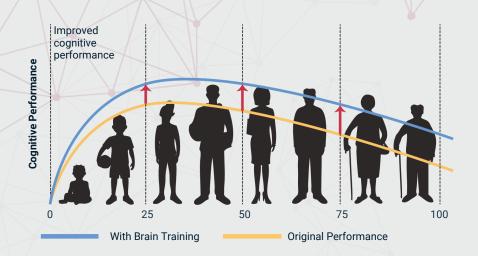
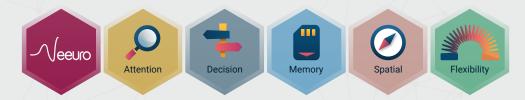


# **Brain Training as Building Blocks**





Neeuro's program and technology can help train your cognition for school and everyday life.

Cognitive skills are critical for focusing, learning, reading, memorising and problem solving, which are essential for all ages. Studies have shown that children with better cognitive skills do better in school, and are just as important for adults and seniors in the workplace and in everyday life.

The right form of brain training can enhance our cognitive development.

Neeuro uses the most modern methods of brain training by combining neurotechnology Brain-Computer Interface and specially designed games.



## **NeeuroFIT Brain Training Program**

In a fast-paced world, you need to keep your brains fit and healthy to withstand daily tasks and challenges. That's why we created various NeeuroFIT Brain Training courses - tailored to level up your brain fitness, helping you and your loved ones achieve a healthier mind.

## **Age Groups**

### Children

6 - 12 years old



This course seeks to improve children's cognitive skills. Special emphasis is placed on attention and memory, that serve as the building blocks for children to excel on areas of learning such as Mathematics, Science and Languages.

## **Seniors**

50 years old and above



With NeeuroFIT for seniors, cognitive decline that leads to mental illness may be avoided. NeeuroFIT offers opportunities to seniors to keep mentally active and healthy.

## **Recommended Course**



12 Weeks



24 Sessions



30 mins/session



## NeeuroFIT Class Courses

Consisting of 4 distinct courses, each course is made up of 24 thirty-minute sessions and uses 6 different games in the Memorie application to train particular cognitive skills. There will also be 3 assessments within the 24 sessions to monitor and track the training progress of each participant



### Foundation

Establish basic cognitive abilities by training in science-backed games offering simple challenges in cognitive skills.













Farmhouse Friends

Space 360

Thread & Needle

Psychic Cyclist



### Developmental

Level up learning abilities by adopting cognitive skills in simulated scenarios and introducing games with mental flexibility.













Supreme Shopper

Sushi Recall

environment.

Advance course for experiencing the application

of cognitive skills in a more complex, simulated

Psychic Cyclist



### Holistic













Dot Connect

Multitask Master

Junction Control

What's this Word

Mindcopter



#### Advanced

Train using cognitive and attention booster games that go beyond the progressive challenges to help maximise cognitive adaptations.













Multitask Master Pyramid Solitaire Memory Mahjong

Mindcopter



# **NeeuroFIT Training Flow**



#### Do Assessment

Take the Neeuro Cognitive Assessment to get a baseline of participant's Cognitive functions.



#### Follow NeeuroFIT Curriculum

Each session is 30 minutes that covers an introduction to a new concept, activities and then brain training.



#### **Understand the Scores and Effort**

Understand how well the participant has scored, focused and used their mental effort while training.



#### **Analyze and Track Performance**

Use the Neeuro Enterprise Analytics Dashboard to produce regular reports for parents/educators to track progress.

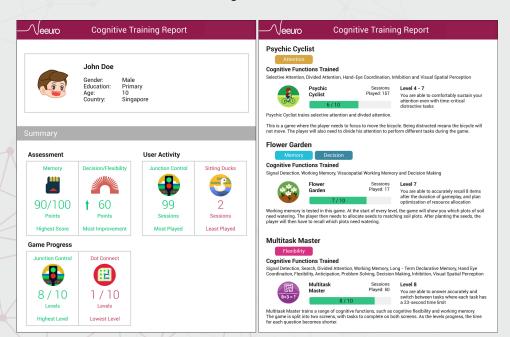


## **Assess Your Performance**

#### Each Participant Needs a Unique Profile That Can Track Training Details



#### Assess, Train and Track Cognitive Skills and Brain Performance



NeeuroFIT Class Report Samples



# **NeeuroFIT Training Benefits**

